

First Aid Merit Badge Worksheet



Requirement 1

Show the correct way to:

- Transport a person with compound fracture of the forearm; head injury; spinal column injury.
- Make and apply splints for a broken thigh bone.
- Explain the dangers involved in the transportation of an injured person even before the injury is known.

Requirement 2

Show how to:

- Stop bleeding from a ruptured varicose vein in the leg.
- Control arterial and venous bleeding on the wrist and calf of leg and other parts of the body.

Requirement 3

Tell and show what to do:

1. A person in contact with an electric wire.

2. A person in a state of shock due to starvation, injuries, and certain diseases.

3. A person who choked from drowning if from water, or food lodged in your windpipe while eating.

4. A person who dove into shallow water, struck his/her head against a submerged object and fell unconscious.

Requirement 4

Tell what disease germ is likely to be found in the following:

1. Gunshot Wound _____
2. Stab Wound _____
3. Puncture by Rusty Nail _____
4. Wound by Pitchfork or Garden Rake _____
5. Powder Burn _____

Explain why an injured person in these cases must be taken to a physician for treatment.

Requirement 5

Show how to:

- Sterilize a small piece of cloth or part of your shirt if you have to use it as an improvised bandage or dressing.
- Treat extreme shock, using cover, correct position, and heating devices.
- Give an external massage.