

Hiking Merit Badge Worksheet

Requirement 1

Explain and show the main points of good hiking practice.



Requirement 2

Draw map route of a plan for a ten-kilometer hike.

List Activities on the way

List Clothing and Equipment Needed

List Meals on the way

Submit this Plan to your Troop Leader/Outfit Advisor

Signature of Troop Leader/Outfit Advisor

Submit this Plan to your Merit Badge Counselor

Signature of Merit Badge Counselor

Requirement 3

Hike #	Date of Hike (One Overnight Hike)	Distance Covered (KM)	Location of Hike
1		No more than 15 KM	
2		No more than 15 KM	
3		No more than 15 KM	
4		No more than 15 KM	
5		No more than 15 KM	
TOTAL		Total distance of 50 KM	

Requirement 4

After sufficient training, go on a hike of twenty continuous kilometers in one day.

Hike #	Date of Hike	Distance Covered (KM)	Location of Hike
6			

Requirement 5

Hike #	Purpose and Objectives	Weather Conditions	Interesting Things and Places
1			
2			
3			
4			
5			
6			

Draw the routes of each of the 6 hikes on a separate page.