

Scout Name \_\_\_\_\_ Unit # \_\_\_\_\_ Date \_\_\_\_\_

# Tenderfoot Class Scout Worksheet



## Requirement 1

Explain the following:

Scout Oath and Law \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Scout Motto \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Scout Slogan \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Scout Sign \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Scout Salute \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Scout Handshake \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Scout Badge \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## Requirement 2

Attend regular religious service with members of your family.

Date	Church Attended	Parents / Guardian Signature

### Requirement 3

Draw the Evolution of the Philippine Flag.

Draw the Philippine Flag and explain its symbolism.

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### Requirement 4

Identify your boy and adult leaders in the Patrol and Troop and explain their duties and responsibilities.

Name	Position	Duties and Responsibilities
	Institutional Representative	
	Troop Committee Chairman	
	Troop Committee Member	
	Troop Committee Member	
	Troop Committee Member	
	Troop Leader	
	Assistant Troop Leader	
	Assistant Troop Leader	
	Assistant Troop Leader	
	Jr. Assistant Troop Leader	
	Senior Patrol Leader	
	Assistant Senior Patrol Leader	
	Troop Secretary	
	Troop Treasurer	
	Troop Quartermaster	
	Patrol Leader	
	Assistant Patrol Leader	

**Requirement 5**

Earn the equivalent of one-half day's wage.

One-half day's Wage                      PhP \_\_\_\_\_

How did you earn it? \_\_\_\_\_

**Requirement 6**

List rules at home you need to know:

**Requirement 7**

Wash and darn your underwear and stockings (socks).

**Requirement 8**

Plant and care for at least one tree.

**Requirement 9**

Enumerate personal health rules that you should observe.

Plan a balanced diet for one week.

Day	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Date							
Breakfast							
Lunch							
Dinner							

## Requirement 10

Inspect your home for safety hazards.

Date of Inspection: \_\_\_\_\_

Hazard Found	Corrective Action	Parent / Guardian Signature

Report to your Troop what you did to correct these hazards.

Date of Report: \_\_\_\_\_

## Requirement 11

Demonstrate First Aid for the following:

- Cuts and scratches
- Bruises
- First degree burns and scalds
- Insect bites and stings
- Nose bleeding
- Pain
- Fainting
- Headache

Demonstrate:

- Use of neckerchief as a triangular bandage
- Use of neckerchief as a cravat bandage

## Requirement 12

Identify ten-(10) edible plants.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_
9. \_\_\_\_\_
10. \_\_\_\_\_

Demonstrate how three are prepared.

Plant # \_\_\_\_\_  Demonstrate preparation

Plant # \_\_\_\_\_  Demonstrate preparation

Plant # \_\_\_\_\_  Demonstrate preparation

### Requirement 13

Sharpen a knife or a bolo and use it in preparing firewood for cooking.

### Requirement 14

Name the parts of a rope.

Enumerate the characteristics of a good knot.

Demonstrate how the following knots are used:

- Overhand knot
- Fisherman's knot
- Figure-of-eight knot
- Square knot
- Sheet bend
- Bowline
- Two-half hitches
- Timber hitch

Demonstrate:

Whipping the end of a rope

Explain why the ends of the rope must be whipped \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Requirement 15

Point the four compass directions.

Show how to locate North.

### Requirement 16

Identify 15 out of 20 items in a Kim's Game. List them here:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_

9. \_\_\_\_\_
10. \_\_\_\_\_
11. \_\_\_\_\_
12. \_\_\_\_\_
13. \_\_\_\_\_
14. \_\_\_\_\_
15. \_\_\_\_\_

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### **Requirement 17**

- Demonstrate to a friend correct table manner.

### **Requirement 18**

- Be active in Patrol and Troop meetings and activities.
- Join a Patrol Good Turn for your institution or community, particularly tree planting and caring, and community beautification.
- Give your Patrol name, call, and yell.

### **Requirement 19**

- Discuss with your Troop Leader your commitments in the Troop and Patrol.

### **Requirement 20**

- Discuss how to guard against child abuse.